

AEDP Residential Essential Skills Course (ES1)

Parma, Italy September 2017/April 2018

Accelerated Experiential Dynamic Psychotherapy (AEDP) is one of the fastest growing treatment models in the mental health field. Using techniques drawn from experiential, relational, and psychodynamic therapies and a metapsychology informed by attachment theory and affective neuroscience, it is an approach that places *the process of transformation itself* at the center of the clinical work.

For the first time ever, the AEDP Institute is offering a **Residential Essential Skills course**, in a format of two, five and a half day modules and *with real time simultaneous translation into Italian*.

The AEDP Institute's **Residential Essential Skills Course** is a practical, intensive training that integrates the need to understand the theoretical foundations of AEDP with the need to learn and practice the key skills actually used in the model. Different skill sets will be taught and practiced each day so that participants will emerge from the training with both a conceptual understanding of AEDP and a felt sense of how to bring it into their work with patients.

Jerry Lamagna, LCSW, and **Kari Gleiser PhD**, AEDP Institute Senior Faculty members, will be leading this course, along with a group of highly skilled assistants.



Jerry Lamagna LCSW, is a senior faculty member with the AEDP Institute and a psychotherapist in private practice in New Jersey and New York City.

He has presented at psychotherapy conferences throughout North America for over a decade and is author/co-author of three articles on AEDP and its application in treating complex trauma. A DVD of his teaching and live clinical work was released in 2015 as a resource for clinicians interested in integrating AEDP into their clinical work with patients.



Kari Gleiser, PhD, is a senior faculty member in the AEDP institute and is the co-founder and co-director of the Center for Integrative Health in Hanover, New Hampshire, a trauma center dedicated to multi-modal healing of mind, body and spirit. In her practice, she specializes in applying AEDP to the treatment of complex trauma, dissociative disorders and personality disorders. Dr. Gleiser has written several clinical papers and book chapters and has presented on applying AEDP to treat dissociative disorders at various international conferences.

Course dates and times:

Week 1: September 26th - October 1st, 2017

Week 2: April 2nd -April 7th, 2018

Topics for week 1:

AEDP Fundamentals

Moment to moment work with felt experience

Working with defenses and other hindrances to transformation

Working experientially with the connection between patient and therapist

Working experientially with emotions including positive ones

Location: NH Hotel, Parma, Italy

Cost: 2800 € (all inclusive)

For more information and to register go to :

<http://www.isctraining.com/shop/training/aedp-corso-sulle-abilita-essenziali-es1-essential-skills-nellaedp-in-un-formato-tipo-ritiro/>